

# About the Author

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Michael Daniels, PhD is Senior Lecturer in Psychology and Co-Director of the Consciousness and Transpersonal Psychology Research Unit at Liverpool John Moores University (LJMU). A chartered psychologist and Associate Fellow of the British Psychological Society, he is also the present Honorary Secretary and Webmaster of the BPS Transpersonal Psychology Section ([www.transpersonalpsychology.org.uk](http://www.transpersonalpsychology.org.uk)). He has taught in higher education for more than 25 years, mainly in the areas of humanistic and transpersonal psychology, counselling and psychotherapy, and parapsychology, and is joint Programme Leader for the MSc in Consciousness and Transpersonal Psychology at LJMU. His publications include journal articles and book chapters on observational methods, moral development, self-actualization theory, transpersonal theory, Jungian psychology and parapsychology. He is the author of *Self-Discovery the Jungian Way: The Watchword Technique* (1992) in which he introduces an innovative practical method of Jungian self-analysis based on word association, and he continues to run occasional workshops on this technique. He is a member of the Association for Transpersonal Psychology, Scientific and Medical Network, and Society for Psychical Research, and is on the editorial board of the *Transpersonal Psychology Review* and *International Journal of Transpersonal Studies*. For six years (1993–1998) he also trained and practised as an honorary psychotherapist within the National Health Service, using a psychodynamic orientation. Since 1996, he has maintained his own website that explores the areas of transpersonal psychology, parapsychology, and Jungian psychology ([www.michaeldaniels.co.uk](http://www.michaeldaniels.co.uk)). He lives among the beauty and relative isolation of the North Wales mountains.