

# Index

- Absolutism**, 37  
Accident, 146, 192-194, 211  
Appearance vs. reality, 60  
Awareness, 70, 74-75, 80, 113, 161, 164, 182, 202, 225, 232, 235, 242
- Berkeley**, 137-138, 235  
Big Bang, 181, 183-184, 197  
Bipolar consciousness, xii, 69-91, 92-94, 97, 119, 126, 130, 135, 143, 149-153, 168, 177-180, 182-185, 190-191, 198  
Brentano, 84-86, 123-124  
Bridging concepts, 60-66  
Buber, 162
- Coherence**, 91, 114, 137, 140-145, 197, 199, 202-203, 208, 210-215  
Coherence Constraint, 141-143, 145-147  
Consciousness, xii, 19, 35, 49-52, 67, 69-91, 118  
    analysis of, 73  
    and objectivity, 82  
    and subjectivity, 73  
    components of, 90-91  
    defined, 70  
    social nature of, 157  
    structure of, 69, 72, 81-82  
Consensus, 57, 158, 165, 197, 208-213, 215  
Consequent panpsychism, 65  
Constructivism, 114, 118-119, 152  
Creativity, 127, 152-153  
    and meaning, 180
- Death**, xi  
    and afterlife, 7-11  
    and meaning, 2-7  
    and meaninglessness, 14-18  
    and sleep, 187  
Deism, 185-186  
Descartes, 40, 44, 223-228, 233  
Determinism, 198  
Development, 28, 34, 58, 70, 103-106, 238  
    and the telos, 103, 153  
D-Intentionality, 119, 121-124  
Dissociation, 124-127, 148, 236  
Dreaming, 114, 117-119
- Emotion**, 98, 122, 157, 219, 240  
Enlightenment, the, 43, 55, 82  
Epistemology, 207-208, 241-245  
    meditative method, 240-241  
    methods of analysis, 232-245  
Explanation, 60-68  
    and God, 183-185  
    and incompleteness, 182  
    and meaning, 67-68  
    and origins, 182-183  
    and primitive terms, 183, 198  
    and the Big Bang, 180-181, 184, 197  
    boundaries of, 181, 183  
    in psychology, 190-191  
Extraterrestrial life, 20, 29

- First-person point of view**, 78, 96  
 Freud, 62, 84, 89, 112, 114, 238
- Generative realism**, 128-130, 138, 204
- God, xi, xii, 14, 17-19, 21, 30-34, 37-42, 44, 47, 50, 59-60, 62, 102, 110, 112, 114, 130, 137-138, 177-191, 206, 224, 228, 239  
 and humanism, 34-35  
 and meaning, 31-32
- Gödel, 182-183
- Hindu philosophy**, 59-60, 118, 233
- Hubris, 40-41
- Human nature, 34-37, 42, 115, 163, 168-169
- Humanism, 28-42  
 and absolutism, 36, 37-38, 42  
 and individualism, 36-37  
 and knowledge, x-xi, 9  
 and objectivity, 35-36  
 and religion, 33-34  
 and subjective responsibility, 38-40  
 stereotype of, 42
- Husserl, 159, 164, 165, 235, 236-239, 241
- Hypothetical situations, 194-195
- Idealism**, 46-47
- Incubation, 126-127
- Individualism, 35, 36-37
- Intentionality, 72, 74, 76, 80, 83-86, 90, 93, 94, 108, 188, 193  
 and mental exertion, 119-120  
 and motivation, 92, 97-98, 99, 119, 135  
 definitions of, 84-85  
*D-intentionality*, 119  
 directionality of, 119, 120-121  
 real vs. hypothetical, 193-194
- Intersubjectivity, 64, 66-68, 69, 138, 155-176  
 and attribution, 167-168, 193  
 and behavioral coordination, 165-166  
 and child rearing, 163  
 and diachronic communication, 193-194  
 and empathy, 163, 165-166  
 and imagination, 165  
 and language, 158-159  
 and love, 162-163  
 and meaning, 179-180  
 and mental telepathy, 167  
 and perception, 159-160  
 and persuasion, 161-162  
 and psychotherapy, 163  
 and spirituality, 165  
 and the telos, 168, 170-171, 172-173, 178-179  
 and thinking, 159-160  
 as social mirror, 169  
 definitions of, 157  
 diachronic, 291  
 evidence for, 158-159  
 hybrid nature of, 163-164  
 inadequacy of traditional account, 155-156  
 loss of, 172-173  
 risks of, 171-172  
 social constraints on, 173-175  
 the feeling of it, 73-75  
 traditional explanation of, 234  
 vs. interobjectivity, 241  
 what it isn't, 164-167
- Introspection, 75, 78, 112, 173, 229-230, 231
- Justification**, 216-228  
 vs. self-justification, 222-226
- Kant**, 41, 196, 235
- Knowledge, 206-214  
 and being, 224-225  
 and belief, 207-208  
 and coherence, 210-214  
 and consensus, 209-210  
 and correspondence, 208-210

- and evidence, 217-219, 212-213
- and infallibility, 228
- and justification of belief, 216-217
- and revelation, 31-32
- and truth, 207-209
- personal vs. genuine, 219-221
- relationships among criteria for, 211-214
- Meaning**, 1-27
  - and age, 3-4
  - and behavior, 23-24
  - and children, 11-12
  - and death, 2-11
  - and explanation, 67-68
  - and God, 18-20
  - and history, 15-16
  - and loss, 14-15
  - and meaninglessness, 44-46, 205
  - and mythology, 22-23, 63-64, 183-184
  - and psychological projection, 131
  - and purpose, 30
  - and satisfaction, 100, 105, 169, 179
  - and science, 21-22
  - and technology, 16-18
  - and values, 24-25
  - denial of, 25-56
  - structural basis of, 106-107
- Meaning of life, vii-xiii, 1-27, 43-44, 52-53, 67-68, 69, 102, 107-108, 131, 150, 155, 176-180, 191, 205, 215-16, 221, 234, 241, 244-245
- Meditation, 90, 233
  - and mysticism, 240-241
  - and personal transformation, 239-241
  - and religion, 239
  - and the meaning of life, 244
  - what it is like, 241-244
  - yoga, 239-240
- Mind
  - defined, 71
- Mind-body problem, 49-52
- Monads, 37
- Motivation, 86-90
  - and biology, 86-87, 104-105
  - and emotion, 98-99
  - and evolution, 87
  - and instinct, 87
  - and physical energy, 87-88
  - and psychic energy, 89
  - and satisfaction, 97-98
  - and spiritual force, 90
  - and the telos, 100-102
  - and vitalism, 88
  - bipolar vs. ordinary, 96-98
  - intrinsic, 86-90
  - what it is not, 86
- Motivational object, 122, 123-125, 126, 135, 139-140, 145
  - as quasi-object, 124-125
  - projection of, 123-124
- Nothingness**, 94, 187, 242
- Object**
  - conceptual, 122-123, 133-135, 183
  - kinds of, 122-123
  - motivational, 122, 123-125, 126, 135, 139-140, 145
  - physical, 96, 102, 122-123, 127, 131, 133-136, 139, 144, 193, 195, 203
  - specifications for, 121
  - surrogate, 171
  - ultimate, 169, 170-171, 189, 190, 198
  - virtual, 133-134
- Object consumption, 94-96, 98, 99, 152, 168
- Objective world
  - status of, 135-138

- Objectivity, 35-36, 43-45, 57, 59-60, 66-67  
 and meaninglessness, 44-45  
 characteristics of, 82-83
- Panpsychism**, 19-20, 65
- Patanjali, 239-241, 243, 244, 245
- Phenomenology, 78, 233-236  
 and absolute truth, 237  
 and personal change, 237-238  
 and science, 234  
 and transpersonal findings, 235  
 kinds of, 236  
 principles of, 236
- Plato, 111
- Privacy, 52-57  
 and communication, 56  
 and embodiment, 53-54  
 and epistemic agency, 55  
 and individuation, 55  
 and language, 158-159  
 and socialization, 54-55  
 empirical evidence for, 56-57  
 vs. collectivism, 58-59
- Projective agency, 132-154, 171, 172-176, 203-204
- Proprioception, 135
- Psychological projection, 109-131  
 and accidents, 192-193  
 and common sense, 110-111  
 and consciousness, 112-113  
 and creativity, 125-126  
 and determinism, 198  
 and dissociation, 124-125  
 and embodiment, 189-190  
 and illusion, 201-202  
 and incubation, 126-127  
 and knowledge, 130  
 and luck, 148-149  
 and meaning, 150  
 and miracles, 202-203  
 and motivation, 139-140  
 and pragmatism, 203-204  
 and psychoanalytic projection, 116-117  
 and reality, 129, 130  
 and skepticism, 199-200  
 and synchronicity, 201-202  
 and the shared world, 175-176  
 and TOT phenomenon, 126-127  
 case study with a rock, 143-149  
 coherence of, 140-141  
 constraints on, 141-142  
 control of, 142-143  
 how it works, 119-121  
 individual vs. collective, 151-152  
 strong vs. weak versions, 109-111  
 usefulness of, 149-151  
 vs. constructivism, 114, 118-119  
 vs. dreaming, 114, 117-118  
 vs. psychoanalytic projection, 116-117  
 vs. reification, 114, 115-116
- Realism**, 46, 47-49, 50, 129-131, 136, 138, 204, 232  
 and history, 15-16, 22, 41, 130-131, 210, 216  
 and physical objects, 133  
 and physicality, 134-135
- Reification, 114, 115-116
- Reincarnation, 10
- Revelation, 31-32
- Satisfaction**, 97-98  
 and life, 107-108  
 and meaning, 100, 105, 169
- Science  
 and knowledge, 218  
 and meaning, 21  
 and phenomenology, 234  
 and psychological projection, 195  
 and religion, 60
- Self-awareness, 75-76
- Self-justifying belief, 222-228
- Self-recognition, 66, 168-169, 174

- Skepticism, 128, 199-200
- Sleep, 187
- Socialization, 54-55, 58-59, 70, 92-93, 99, 103-105, 166, 173, 197-198  
 and motivation, 104-105  
 and the telos, 103-105
- Structuralism, 56, 199
- Subjective responsibility, 38-40
- Subjectivity, 73-74  
 and embodiment, 190  
 and ipseity, 74-75  
 and self, 77  
 and self-justifying belief, 224-226  
 and self-relating existence, 70, 75-76, 77, 157, 225-228, 230, 244  
 as-if, 226  
 as invariant of experience, 79-80  
 feeling of, 224-225  
 location of, 80-81  
 motivation of, 93-96  
 natural fact of, 244-245  
 objectification of, 69, 77-78  
 renunciation of, 102-103  
 separated from objectivity, 43-44  
 vs. objectivity, 43-44, 46, 49-52, 54, 57-58, 72, 78, 80-81, 93-95, 109, 119, 128, 131, 148, 152, 164, 176, 188-189, 204-205, 231-232, 243
- Suicide, 5, 6-7
- Synchronicity, 201-202
- Telos**, 92-108  
 and creativity, 153  
 and human development, 103-106  
 and motivation, 100-102  
 and satisfaction, 103-105  
 and surrogate objects, 140, 171  
 and the social other, 154  
 and ultimate object, 171
- Truth, 207-208  
 absolute, 37-38
- Ultimate Object**, 99-101, 107, 169-172, 190, 198
- Unconsciousness, 38, 70, 79, 112-113, 129, 132
- Vitalism**, 88-89
- Wholeness**, 100-101, 106, 153, 178, 198, 239